

# LIFT-UP Programs

LOCATION KEY  
CLAVE DE UBICACIÓN



# APRIL 2025



# ABRIL 2025



LIFT-UP Pantry of Choice  
Despensa de comida de LIFT-UP

## ASPEN

Pitkin County Human Services  
0405 Castle Creek Road #206

## CARBONDALE

Third Street Center  
520 S. 3rd St.

## GLENWOOD

Catholic Charities  
1004 Grand Ave.

## NEW CASTLE

River Center  
126 N. 4th St.

## RIFLE

LIFT-UP Building  
800 Railroad Ave

## PARACHUTE

LIFT-UP Building  
201 E. 1st St.

MM - LIFT-UP Mobile Market  
Mercado Mobile de LIFT-UP

## SILT

MM Silt Baseball Fields  
648 N 7th St.

MONDAY LUNES	TUESDAY MARTES	WEDNESDAY MIÉRCOLES	THURSDAY JUEVES	FRIDAY VIERNES	SATURDAY SÁBADO
<p><b>*ALL CHANGES ARE HIGHLIGHTED*</b></p> <p><b>*TODOS LOS CAMBIOS ESTÁN RESALTADOS*</b></p>	<p>1 <b>FBR - EL JEBEL</b> 11:00 am - 12:00 pm</p> <p><b>RIFLE</b> 11:00 am - 2:00 pm</p> <p><b>GLENWOOD</b> 1:00 pm-4:00 pm</p> <p><b>ASPEN</b> 2:00 pm - 6:00 pm</p>	<p>2 <b>NEW CASTLE</b> 9:00 am-1:00 pm</p> <p><b>ASPEN</b> 10:00 am-12:00 pm</p> <p><b>CARBONDALE</b> 3:00 pm-5:00 pm</p>	<p>3 <b>GLENWOOD</b> 10:30 am-1:30 pm</p> <p><b>PARACHUTE</b> 11:00 am - 2:00 pm</p>	<p>4 <b>NEW CASTLE</b> 9:00 am - 1:00 pm</p> <p><b>RIFLE</b> 12:00 pm - 3:00 pm</p> <p><b>MM - SILT</b> 3:00 pm - 5:00 pm</p>	<p>5 <b>FBR - RIFLE - TEFAP</b> 10:00 am-11:00 am</p> <p><b>FBR - GLENWOOD-TEFAP</b> 1:30 pm-2:30 pm</p>
<p>7 <b>CARBONDALE</b> 10:30 am - 1:30 pm</p> <p><b>PARACHUTE</b> 3:00 pm - 6:00 pm</p>	<p>8 <b>FBR - EL JEBEL</b> 11:00 am - 12:00 pm</p> <p><b>RIFLE</b> 11:00 am - 2:00 pm</p> <p><b>GLENWOOD</b> 1:00 pm-4:00 pm</p> <p><b>ASPEN</b> 2:00 pm - 6:00 pm</p>	<p>9 <b>NEW CASTLE</b> 9:00 am-1:00 pm</p> <p><b>ASPEN</b> 10:00 am-12:00 pm</p> <p><b>CARBONDALE</b> 3:00 pm-5:00 pm</p>	<p>10 <b>GLENWOOD</b> 10:30 am-1:30 pm</p> <p><b>PARACHUTE</b> 11:00 am - 2:00 pm</p>	<p>11 <b>NEW CASTLE</b> 9:00 am - 1:00 pm</p> <p><b>RIFLE</b> 12:00 pm - 3:00 pm</p> <p><b>MM - SILT</b> 3:00 pm - 5:00 pm</p>	<p>12 <b>FBR - RIFLE</b> 10:00 am-11:00 am</p> <p><b>FBR - GLENWOOD</b> 1:30 pm-2:30 pm</p>
<p>14 <b>CARBONDALE</b> 10:30 am - 1:30 pm</p> <p><b>PARACHUTE</b> 3:00 pm - 6:00 pm</p>	<p>15 <b>FBR - EL JEBEL</b> 11:00 am - 12:00 pm</p> <p><b>RIFLE</b> 11:00 am - 2:00 pm</p> <p><b>GLENWOOD</b> 1:00 pm-4:00 pm</p> <p><b>ASPEN</b> 2:00 pm - 6:00 pm</p>	<p>16 <b>NEW CASTLE</b> 9:00 am-1:00 pm</p> <p><b>ASPEN</b> 10:00 am-12:00 pm</p> <p><b>CARBONDALE</b> 3:00 pm-5:00 pm</p>	<p>17 <b>GLENWOOD</b> 10:30 am-1:30 pm</p> <p><b>PARACHUTE</b> 11:00 am - 2:00 pm</p>	<p>18 <b>NEW CASTLE</b> 9:00 am - 1:00 pm</p> <p><b>RIFLE</b> 12:00 pm - 3:00 pm</p> <p><b>MM - SILT</b> 3:00 pm - 5:00 pm</p>	<p>19 <b>FBR - RIFLE</b> 10:00 am-11:00 am</p> <p><b>FBR - GLENWOOD</b> 1:30 pm-2:30 pm</p>
<p>21 <b>CARBONDALE</b> 10:30 am - 1:30 pm</p> <p><b>PARACHUTE</b> 3:00 pm - 6:00 pm</p>	<p>22 <b>FBR - EL JEBEL</b> 11:00 am - 12:00 pm</p> <p><b>RIFLE</b> 11:00 am - 2:00 pm</p> <p><b>GLENWOOD</b> 1:00 pm-4:00 pm</p> <p><b>ASPEN</b> 2:00 pm - 6:00 pm</p>	<p>23 <b>NEW CASTLE</b> 9:00 am-1:00 pm</p> <p><b>ASPEN</b> 10:00 am-12:00 pm</p> <p><b>CARBONDALE</b> 3:00 pm-5:00 pm</p>	<p>24 <b>GLENWOOD</b> 10:30 am-1:30 pm</p> <p><b>PARACHUTE</b> 11:00 am - 2:00 pm</p>	<p>25 <b>NEW CASTLE</b> 9:00 am - 1:00 pm</p> <p><b>RIFLE</b> 12:00 pm - 3:00 pm</p> <p><b>MM - SILT</b> 3:00 pm - 5:00 pm</p>	<p>26 <b>FBR - RIFLE</b> 10:00 am-11:00 am</p> <p><b>FBR - GLENWOOD</b> 1:30 pm-2:30 pm</p>
<p>28 <b>CARBONDALE</b> 10:30 am - 1:30 pm</p> <p><b>PARACHUTE</b> 3:00 pm - 6:00 pm</p>	<p>29 <b>FBR - EL JEBEL</b> 11:00 am - 12:00 pm</p> <p><b>RIFLE</b> 11:00 am - 2:00 pm</p> <p><b>GLENWOOD</b> 1:00 pm-4:00 pm</p> <p><b>ASPEN</b> 2:00 pm - 6:00 pm</p>	<p>30 <b>NEW CASTLE</b> 9:00 am-1:00 pm</p> <p><b>ASPEN</b> 10:00 am-12:00 pm</p> <p><b>CARBONDALE</b> 3:00 pm-5:00 pm</p>	<p><b>NOTE: Sign Ups for the pantry will close 30mins prior to the listed ending time.</b></p>	<p><b>NOTA: El registro para la despensa cerrara 30 minutos antes de la hora de cierre indicada.</b></p>	<p>Proud Partner of: Orgullosamente colaborador de:</p>



Diapers : Pañales



Donate : Donar



Volunteer Opportunities

Oportunidades de Voluntariado

### MISSION:

LIFT-UP is the leader in providing equitable food Security for individuals and families; educating, building, understanding, and support to end hunger from Parachute to Aspen.

### MISIÓN:

LIFT-UP es el líder en proveer seguridad alimentaria equitativa para individuos y familias; educando, construyendo, entendiendo y apoyando para terminar con el hambre desde Parachute hasta Aspen.

### INFORMACIÓN:

- Esta institución es un proveedor de igualdad de oportunidades.
- La comida estará disponible por orden de llegada, hasta agotar existencias.
- Las fechas son sujetas a cambios en casos de clima inclemente o días festivos.
- Los cliente elegibles para TEFAP - solicitud requerida.

### INFORMATION:

- This Institution is an Equal Opportunity Provider.
- Food will be available on a first-come, first-served basis, while supplies last.
- Dates are subject to change in the event of inclement weather or holidays.
- TEFAP eligible client – application required.

### Partner Programs

LOCATION KEY  
CLAVE DE UBICACIÓN  
FBR – Food Bank of the Rockies  
Mobile Pantry

#### EL JEBEL

**FBR Movie Land Parking Lot**  
218 E Valley Rd.

#### GLENWOOD

**FBR Glenwood Springs Middle School**  
120 Soccer Field Rd

#### RIFLE

**FBR Garfield Human Services Parking Lot**  
195 14th St.